



# SWIM LESSON'S

3-5 year olds

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Tues. & Thurs. from 4-430pm & 445-530pm  
Two-week Sessions

Cost: \$40; billed through Brightwheel App

*Certificate to be issued at the end of the session*

CLASSES LIMITED TO 6 children per time slot

## SKILLS TAUGHT INCLUDE:

- Blowing bubbles to get comfortable with having their face in the water
- Floating
- Emerging whole body in the water and pushing up from the bottom.
- Rolling over to float
- Kicking feet
- As they progress developing proper stroke technique

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Instruction to be giving by Logan Bettisworth. He is our lifeguard here at Playworks this summer and also coaches the 6 and under age group for the Wildhorse Cyclones swim team!

Please see Margie to reserve a space